



Personal Care Kit

Place items in a sealable one-gallon plastic bag.

- **Hand towel**
- **Small bath towel**
- **Bar of soap**
- **Shampoo (& Conditioner)**
- **Deodorant—neutral scent**
- **Toothbrush**
- **Toothpaste**
- **Hair Comb**

Optional Items

- **Nail file or clippers**
- **Lotion**
- **Lip Balm**
- **Tissues**
- **Sunscreen**